

The logo for Harmony Hill Healing Retreat is set against a teal square. The words "Harmony Hill" are written in a white, serif font, with "Harmony" on the top line and "Hill" on the bottom line. Below this, the words "HEALING RETREAT" are written in a smaller, white, sans-serif font, all in capital letters.

Harmony
Hill

HEALING RETREAT



HEALTHY LIVING: MEALS-TO-GO

Offering delicious meals that satisfy the soul as much as they nourish the body.

ORDERING OUR FOOD IS SIMPLE:

- Browse our weekly menu options for pick-up on Friday and/or Saturday
- Place your order by 5 pm Wednesday each week by calling 360-898-2363
- Pick-up your dinner order(s) between 4-6 pm on Friday and/or Saturday
- \$21 Vegetarian Meal/ \$25 Meat Option
- Each meal includes soup, entree, side dish and salad

At Harmony Hill, our food philosophy is simple: Nourishment and nutrition without sacrificing the great joy food can bring to our lives. Striving to source locally grown, organic and seasonal ingredients whenever possible, Harmony Hill's culinary team brings vital nutrients from farm to table.

Pick-up Location: Harmony Hill Main Lodge – 7362 E State Route 106, Union WA 98592

Contact us at: 360-898-2363 or guestservices@harmonyhill.org

